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PALEOENVIRONMENTAL CHARACTERIZATION OF THE LOWER COURSE OF THE MOURÃO RIVER, PARANÁ - BRAZIL

Caracterização paleoambiental do baixo curso do rio Mourão, Paraná – Brasil

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Abstract: This study investigates the formation of an alluvial terrace in the lower course of the Mourão River (Engenheiro Beltrão, Paraná, Brazil) through phytolith and freshwater sponge spicule analysis in a 105 cm sediment core (^{14}C : 2,426–2,957 cal yr BP; $\delta^{13}\text{C}$ = -22.3‰). Spicules and phytoliths appear from 75 cm depth; phytolith indices (Tree Cover, Aridity, Water Stress Adaptation) were established from 45 cm upward. Three phases emerged: (i) 75–65 cm: sandy-clay matrix (~40% clay), low phytolith preservation and diversity (<100), no spicules — suggesting ephemeral or absent water; $\delta^{13}\text{C}$ indicates C3 plants, mainly arboreal cover; (ii) 65–15 cm: clay-dominated (up to 60%), rising phytolith concentration and diversity (up to 220), indices pointing to more dicotyledons, mesophytic Poaceae, Podostemaceae phytoliths, and *Oncosclera navicella* gemmoscleres — alluvial plain development; (iii) 15–0 cm: clay-rich (55%), high phytolith counts (>250), no spicules or Podostemaceae — indices show xerophytic grasses and reduced tree cover, marking terrace stabilization.

Keywords: Holocene; phytolith; sponge spicules.

Resumo: O estudo analisou o processo de formação de um terraço aluvial no baixo curso do rio Mourão (Engenheiro Beltrão - Paraná/Brasil), via identificação e quantificação de fitólitos e espículas de esponjas de água doce de um testemunho sedimentar de 105 cm de profundidade (Datação ^{14}C = 2,426 – 2,957 anos cal AP. e $\delta^{13}\text{C}$ -22,3‰). As espículas e fitólitos foram registradas a partir de 75 cm, em 45 cm foi possível o estabelecimento de índices fitolíticos (Cobertura Arbórea; Adaptação a Áridez e Estresse Hídrico). Foram identificadas três fases paleoambientais: i) 75 a 65 cm - areia e argila (~40%), baixa preservação e diversificação de fitólitos (< 100), sem espículas - período sem água/pouco tempo de residência de água, dados de $\delta^{13}\text{C}$ sugerem domínio de planta C₃, representado predominantemente por vegetação arbórea; ii) 65 a 15 cm - predomínio de argila (máx. 60%), aumento da diversificação e concentração de fitólitos da base para o topo (máx. 220), índices fitolíticos relacionados à maior proporção de dicotiledóneas (arbóreas e arbustivas), presença de Poaceae mesófilas, fitólitos de Podostemaceae e de espículas de esponjas (gemmoscleras de *Oncosclera navicella*) - formação da planície aluvial; iii) 15 a 0 cm - predomínio de argila (55%), concentração de fitólitos (> 250), ausência de espículas e fitólitos de Podostemaceae, índices fitolíticos relacionados a presença de Poaceae xerófitas e redução da cobertura arbórea - estabelecimento do terraço.

Palavras-chave: Holoceno; fitólitos; espículas de esponjas.

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1. Introduction

The state of Paraná has a complex vegetation geography. Although entirely within the Atlantic Forest biome (featuring Mixed Ombrophilous Forest, Seasonal Semi-deciduous Forest, and Dense Ombrophilous Forest), its territory also includes vegetation types typical of the Cerrado biome and open grasslands. Understanding the origin of this mosaic relies on research into paleoenvironmental reconstruction, especially from the Quaternary period. In this context, data with absolute dating and paleoenvironmental information are key to understanding Paraná's unique landscape configuration.

Floodplains are ideal locations for conducting paleoenvironmental and paleoclimatic studies, primarily because sediments there preserve structures that can serve as evaluation parameters, known as proxy data, such as pollen grains, phytoliths, sponge spicules, and diatom frustules, among others.

In this context, the objective of this study was to conduct a paleoenvironmental reconstruction of the lower course of the Mourão River, based on a sediment core obtained from its left bank, in the district of Ivaílandia, municipality of Engenheiro Beltrão, in the state of Paraná, Brazil. The Mourão River has a channel that is incised along virtually its entire length; however, in certain areas of the lower course, the formation of small plains and terraces can be observed.

In order to compare and improve the paleoenvironmental understanding of the basin (e.g., LADCHUK *et al.*, 2016; LUZ *et al.*, 2019), as well as to attempt to establish a chronology for the formation of alluvial plains and terraces, it was decided to study the sedimentary content of a small terrace located on the left bank of the lower course of the Mourão River, using the quantification and identification of phytoliths and freshwater sponge spicules.

Phytoliths are microscopic opaline silica bodies formed within plant tissues (MEDEANIC *et al.*, 2008). These siliceous bodies can form in the lumen and in the intra and extracellular spaces of living plants (PIPERNO, 1988). Phytoliths exhibit sizes isometric to their cell of origin, forming a “mold.” (COE *et al.*, 2012). After plant death and decomposition, phytoliths are highly resistant to degradation (PIPERNO, 1988). Composed mainly of silica, they preserve well in soils and sandy deposits — offering advantages over other proxies like pollen. In recent years, these biogenic silica structures have been widely used in paleoenvironmental reconstructions, such as in studies by Rasbold *et al.* (2020), Marcolin *et al.* (2023), Fonseca *et al.* (2025), among others.

Freshwater sponges (Phylum Porifera) are sessile aquatic animals characterized by porous bodies. They live attached to rocky substrates or submerged plant remains, often encrusting roots, branches, or tree trunks in seasonally flooded areas like Amazonian floodplains (VOLKMER-RIBEIRO and PAULS, 2000).

Their skeleton is made of spicules—either calcareous (marine sponges) or siliceous (marine and freshwater sponges, Class Demospongiae)—which interweave into a complex mesh that supports the body and provides structure for living cells (VOLKMER-RIBEIRO and PAROLIN, 2010).

Freshwater sponges may present three types or categories of spicules—megascleres, microscleres, and gemmoscleres (Volkmer-Ribeiro and Pauls, 2000): i) megascleres—support the skeleton and are larger in size (depending on development and sponge species, generally $>100\ \mu\text{m}$) compared to other categories; ii) microscleres—smaller structures than megascleres (which may be $<10\ \mu\text{m}$), occurring in the pinacoderm; however, not all sponges possess them; iii) gemmoscleres present in gemmules, generally smaller than megascleres (rarely exceeding $100\ \mu\text{m}$), and fundamental for species identification. Siliceous spicules, like phytoliths, are potentially well preserved in sediments. Spicules remain in the environment after the senile phase, when organic matter disintegrates, leaving only loose spicules within sediment particles.

Regarding paleoenvironmental reconstruction using sponge spicules, the first area studied in Brazil was the Serra dos Carajás, in the state of Pará (Volkmer-Ribeiro and Turcq, 1996). A survey conducted by Kalinovski *et al.* (2016) on the state of the art of scientific production in Brazil related to freshwater sponges up to early 2015 identified a total of 31 publications linking their use to paleoenvironmental reconstruction. Parolin *et al.* (2008) established an important milestone for the use of sponge spicules in paleoenvironmental reconstructions, as well as in sedimentology, by introducing the term spongofacies, defined as sequences in which spicules of continental sponge species predominate and indicate specific paleoenvironmental conditions. Among the more recent publications that have used sponge spicules for paleoenvironmental reconstruction are Rasbold *et al.* (2021), Docio *et al.* (2021), and Silvestre *et al.* (2021), among others.

2. Methodology

2.1 Study Area

The Mourão River Basin (Figure 1) is located in the central-western region of Paraná, Brazil, within the Third Paraná Plateau, specifically in the Campo Mourão Plateau subunit (MAACK, 2012). The river, which gives its name to the basin, is a left-bank tributary of the Ivaí River — the second-longest river in Paraná. According to Mezzomo (2013), the Mourão River is fifth-order, with headwaters in the municipalities of Luiziana and Mamborê. Toward its mouth, the river flows for approximately 200 km (northeastward), featuring several waterfalls and cascades, and passing through the municipalities of Luiziana, Campo Mourão, Peabiru, Engenheiro Beltrão, and Quinta do Sol, in the state of Paraná.

Geologically, the river flows over rocks of the São Bento Group – Serra Geral Formation, and it rarely crosses the Caiuá Group.

The climate is classified as subtropical mesothermal (Koppen). The average temperature in the coldest month is below 18 °C and in the hottest month above 22 °C, with hot summers, infrequent frosts, and a tendency for rainfall to concentrate in the summer, without a well-defined dry season (IAPAR, 2007).

Regarding vegetation, the Mourão River Watershed is located within the Atlantic Forest biome, with phytogeography corresponding to Seasonal Semideciduous Forest (middle and lower reaches) and Mixed Ombrophilous Forest (upper reach) (IBGE, 2010). Parolin *et al.* (2010) indicate the presence of pockets of vegetation typical of the Cerrado biome, as well as cacti (likely a relict of drier climatic conditions in the past), in the upper portion of the basin (municipality of Campo Mourão). The original landscape has already been significantly altered in the basin due to agricultural practices, with the cultivation of soybeans, corn, and wheat predominating, in addition to eucalyptus plantations.

The sounding point is located in the district of Ivaílândia in the municipality of Engenheiro Beltrão, state of Paraná (23°45'03.79" S and 52°09'48.08" W), corresponds to a small terrace (~2.5 km²) located on the left bank of the lower course of the Mourão River, 13,500 m from its mouth on the Ivaí River (Figure 1).

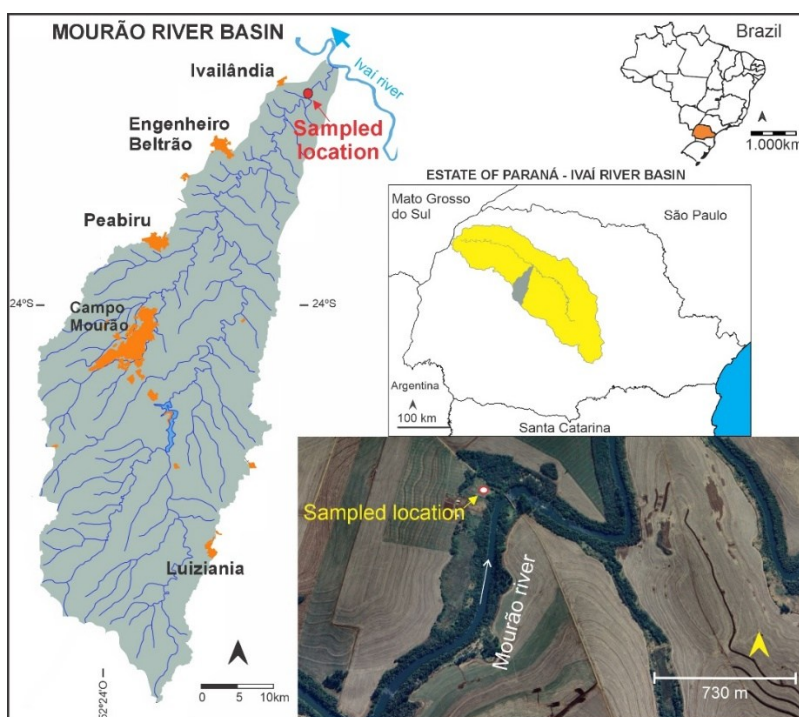


Figure 1. Location of the Mourão River watershed and satellite image highlighting the study area and from the sounding point. Source: Instituto de Água e Terra do Paraná and Google Earth.

2.2 Core Sampling and Laboratory Protocols

The sediment core was collected in 2023 using a 7 cm-diameter aluminum tube driven into the ground with a hammer. The core was opened at the Paleoenvironmental Studies Laboratory (Lepafe) at Universidade Estadual do Paraná, Campus Campo Mourão, where the lithology was described following Miall (1978). All phytolith and sponge spicule extraction, identification, and quantification were carried out at the same lab. After air-drying for approximately 48 hours, samples were subsampled every 5 cm.

A sample collected at a depth of 75 cm was sent for absolute dating (^{14}C /Accelerator Mass Spectrometry [AMS]) at the Center for Applied Isotope Studies at the University of Georgia in the United States; the date was subsequently calibrated using Calib 8.1.0® software (2σ – SHCal20). Carbon isotope analysis ($\delta^{13}\text{C}$) was also requested for the same sample.

Five samples were selected for grain size analysis (depths of 10, 25, 55, and 70 cm); the samples were chosen based on differences in color and texture when touched. The analyses were performed using the sieving method (SUGUIO, 1973).

For the extraction of phytoliths and sponge spicules, the procedures of Santos *et al.* (2014) were followed: i) drying in an oven (40 °C/12 h); ii) sieving of the material (\varnothing 0.25 mm) and separation of 10 g of material; iii) combustion of organic matter (10 g) in a muffle furnace at 500 °C for 5 h; iv) acid treatment (34% HCl) on a hot plate at 50 °C for 20 min; v) washing the resulting material with distilled water until pH stabilization (\sim 7); vi) drying in an oven at 110 °C; vii) addition of zinc chloride (density 2.5g/cm³) with homogenization of the material; viii) centrifugation for 3 min (1,000 RPM) to recover the supernatant; ix) washing the supernatant material with distilled water and centrifugation to remove the zinc chloride; x) preparation of permanent slides: the material was dispensed (mechanical pipette, 50 μl per sample) onto slides, which, after drying, were covered with Entellan® and a coverslip.

2.3 Microscopy and Additional Analyses

Phytolith and sponge spicule quantification was performed using an optical microscope at 40x magnification. Analysis followed absolute counting of each slide (SANTOS *et al.*, 2014), with three slides assessed per sample to ensure reliability.

Phytoliths were identified and named in accordance with The International Code of Phytolith Nomenclature (ICPN) 2.0 (ICPT *et al.*, 2019). In samples where morphotypes derived from the epidermis of grasses (short-cells \geq 5%) were present, phytolith indices were determined, as shown in Table 1.

Sponge spicules were identified according to the Lepafe reference collection, as well as the works of Volkmer-Ribeiro and Parolin (2010), Volkmer-Ribeiro and Pauls (2000), among others.

The result graphs were generated using Tilia® software and enhanced with the aid of CorelDraw® software. Mapping was performed using QGIS® software.

| Índice/Autores | Equação | Observação |
|--|---|--|
| Tree Cover Index [D/P] (ALEXANDRE <i>et al.</i> , (1997; 1999). | $D/P = \frac{[\text{SPHEROID ORNATE} / (\text{SADDLE} + \text{CROSS} + \text{BILOBATE})]}{100} * 100.$ | Used to calculate the proportion of phytoliths produced by woody dicotyledons (D) and those produced by Poaceae (P). |
| Aridity Adaptation Index [Iph] (DIESTER-HASS <i>et al.</i> , 1973). | $I_{ph} = \frac{[(\text{SADDLE}/(\text{SADDLE} + \text{CROSS} + \text{BILOBATE}))]}{100} * 100.$ | Used to assess vegetation adaptation to aridity. High values suggest grasslands dominated by xerophytic Poaceae and dry soil conditions. Low values indicate mesophytic Poaceae, reflecting wetter environments. |
| Water Stress Index [Bi] (BREMOND <i>et al.</i> , 2003; 2005a). | $B_i = \frac{[(\text{BULLIFORM} / \text{BULLIFORM} + \text{SHORT CELLS} + \text{ACUTE BULBOSUS})]}{100} * 100.$ | Estimates plant water stress caused by low rainfall or fluctuations in the water table. |

Table 1. Phytolith indices used in paleoenvironmental characterization.

3.3. Results and Discussion

The core reached 105 cm depth (Figure 2) and revealed a Fluvic Neosol - a poorly developed soil composed of alluvial sediments. The basal layer (105–75 cm) consists of massive clay with abundant plinthite and iron concretions — indicating

fluctuating groundwater — and nearly no organic matter. This lower section yielded no phytoliths or spicules. From 75 cm upward, iron concretions and plinthite become rare, and bioturbation by roots appears (60–25 cm), along with recent roots (0–25 cm) and leaf fragments near the surface (10–0 cm). Phytoliths occur from 75 cm to the top, while sponge spicules are present between 65 and 15 cm (Figures 2 and 3).

Granulometric analysis showed: i) clay content rising from 45–50% (base to 50 cm) to 50–60% (50 cm to top); ii) sand decreasing from ~40% (base to 50 cm) to ~20% (50 cm to top); iii) silt stable at ~20% throughout (Figure 2).

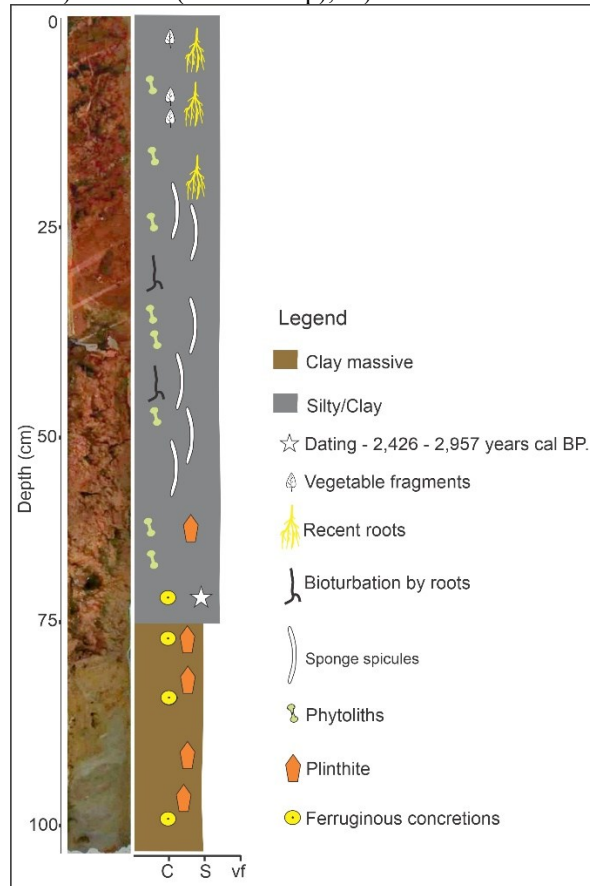


Figure 2. Sedimentological profile of the analyzed core.

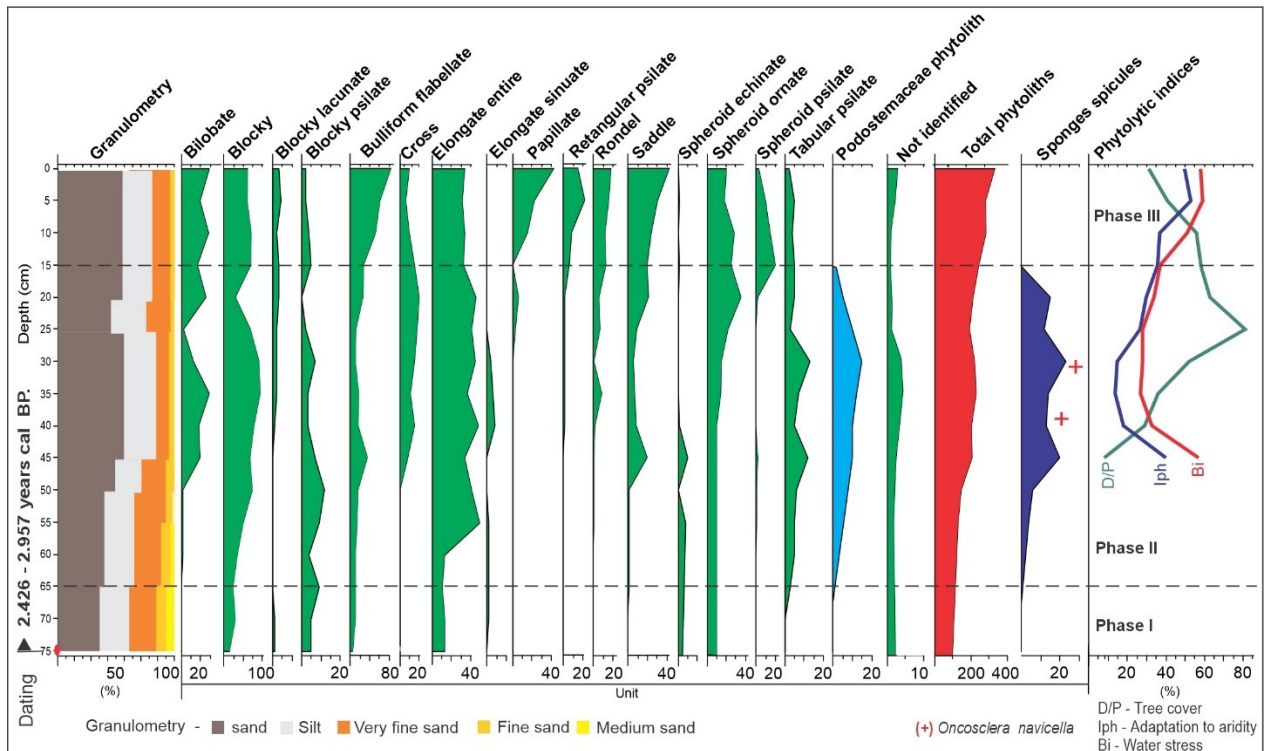


Figure 3. Core profile showing radiocarbon dating, granulometry, phytolith and sponge spicule identification/quantification, and phytolith indices.

The dated sample yielded an age of $2,670 \pm 94$ years, calibrating to 2,426 – 2,957 cal yr BP, indicating deposition began in the late Holocene. This suggests a sedimentation rate of $\sim 0,027$ cm/year. The $\delta^{13}C$ result at the same depth was -22.31% , indicating a C3 photosynthetic pathway (-22% to -27%), primarily associated with arboreal vegetation. It's worth noting that some grasses in humid environments also use the C3 pathway. (BOUTTON, 1991).

Phytoliths corresponding to 15 identifiable morphotypes were observed; however, they were recorded throughout the entire core, ranging from 50 to 310 units (Figures 3 and 4). The lowest concentrations (~ 50 phytoliths) were found at the base of the core up to 50 cm, and the larger ones (>200) in the upper portion of the core (15 cm). It was possible to calculate the phytolith indices from a depth of 45 cm to the top (Figure 2). The Tree Cover Index (D/P) ranged from a minimum of 8% at 45 cm, with an upward trend up to 25 cm, where it reached 80%, and then declined toward the top to 25%. The Aridity Adaptation Index (IPH) started at 38%, decreasing to 15% (between 40 cm and 30 cm), with a tendency to increase toward the top, reaching a maximum of 54% at 5 cm. The Water Stress Index (Bi) ranged from a maximum of $\sim 60\%$ (45 cm–5 cm–0 cm) to a minimum of 28% (25 cm–15 cm).

Sponge spicules were observed between 65 cm and 15 cm. Specific identification was possible based on the presence of gemmosclere of the species *Oncosclera navicella* (Carter, 1881) (Figure 3R) between 40 and 30 cm.

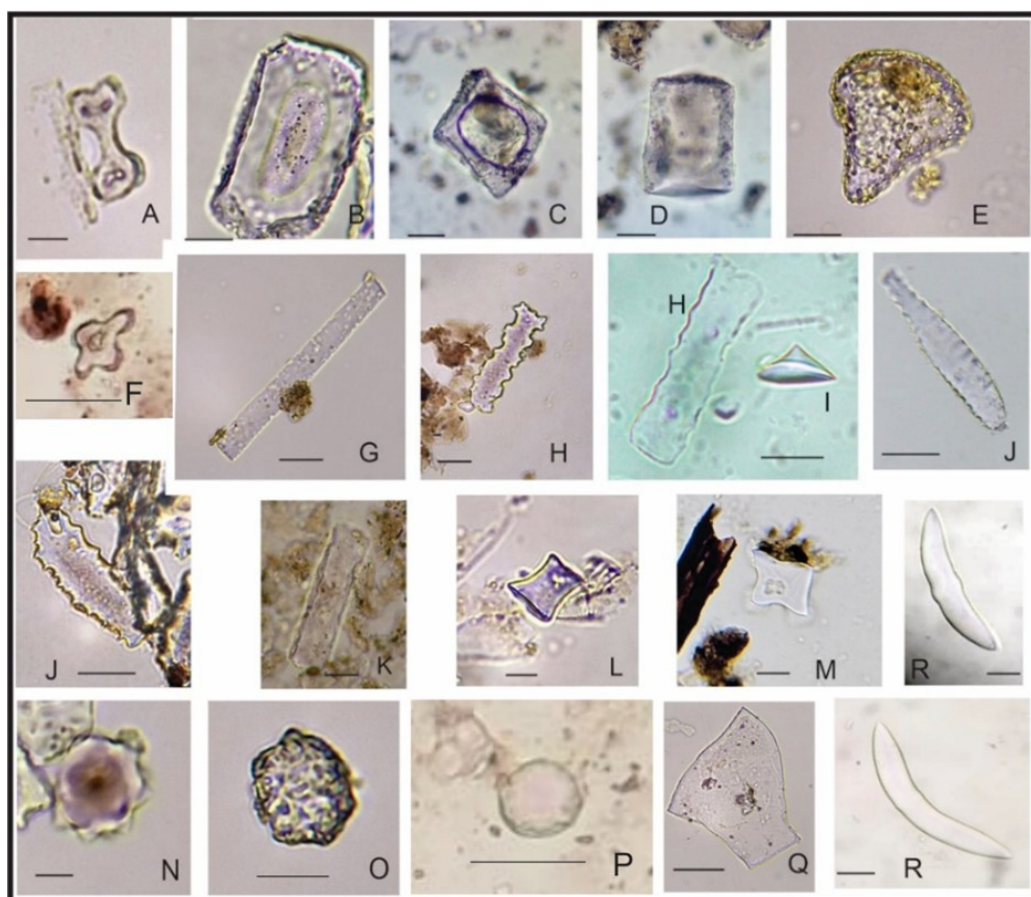


Figure 4. Photomicrographs of phytolith types identified in the sediment core: A) *BILOBATE*; B) *BLOCKY*; C) *BLOCKY LACUNATE*; D) *BLOCKY PSILATE*; E) *BULLIFORM FLABELLATE*; F) *CROSS*; G) *ELONGATE ENTIRE*; H) *ELONGATE SINUATE*; I) *PAPILLATE*; J) *Podostemaceae* phytolith; K) *RECTANGULAR PSILATE*; L) *RONDEL*; M) *SADDLE*; N) *SPHEROID ECHINATE*; O) *SPHEROID ORNATE*; P) *SPHEROID PSILATE*; Q) *TABULAR PSILATE*; R) Gemmosclere of *Oncosclera navicella*. Scale: 20 μm .

3.1 Paleoenvironmental Context

By integrating phytolith occurrences, phytolith indices, and sponge spicule records, three paleoenvironmental phases and an evolutionary model for the area can be defined (Figure 5).

Phase I between 75 and 65 cm - dated to 2,426 – 2,957 cal yr BP, with $\delta^{13}\text{C}$ indicating C3 - type plants and a predominance of arboreal vegetation - sand and clay are predominant (~40%), with low preservation and diversity of phytoliths (8 phytolith types and a concentration of ~100), and absence of spicules. This phase likely corresponds to a period with little to no water permanence. Phytoliths of the *BLOCKY* (*BLO*) and *ELONGATE ENTIRE* (*ELO_ENT*) types present in this phase occur in both eudicotyledons and monocotyledons and are therefore redundant (DE OLIVEIRA *et al.*, 2025). The presence of *SPHEROID ECHINATE* (*SPH_ECH*) may be associated with the botanical family Arecaceae (MONTEIRO *et al.*, 2012; PEREIRA *et al.*, 2014; WITTEVEEN *et al.*, 2022), whereas *SPHEROID ORNATE* (*SPH_ORN*) is frequently associated with woody plants (BREMONT *et al.*, 2005b). Due to the low concentration of phytoliths, it was not possible to calculate phytolith indices for this phase.

Phase II between 65 and 15 cm - there is a predominance of clay (maximum of 60%), along with a trend of increasing phytolith diversity and concentration from the base to the top (>100 to <220 morphotypes). The occurrence of phytoliths from the botanical family Podostemaceae between 55 and 10 cm depth suggests the presence of water. According to Bove *et al.* (2024), the Podostemaceae family consists of annual or perennial plants that live in rivers and streams with strong currents, firmly attached to rocks and other solid substrates. The interpretation of water presence is reinforced by the occurrence of sponge spicules, also between 55 and 10 cm. The species *O. navicella* shows a preference for lotic habitats

(VOLKMER-RIBEIRO and PAROLIN, 2010) and has been recorded in the Mourão River in rapid-flow areas (SANTOS and PAROLIN, 2011). Typical grass phytolith morphotypes were identified, including BILOBATE (*BIL*), CROSS (*CRO*), BULLIFORM FLABELLATE (*BUL_FLA*), RONDEL (*RON*), SADDLE (*SAD*), ELONGATE SINUATE (*ELO_SIN*), and RECTANGULAR PSILATE (*REC_PSI*) (PIPERNO, 2006; CHUENG *et al.*, 2018; HAYASHI and INOUE, 2022). At the base of this phase, *SPH_ECH* was recorded up to 40 cm (indicating the presence of *Arecaceae*), as well as *SPH_ORN*, associated with woody plants, throughout the entire phase. Analysis of phytolith indices confirms the presence of moisture, particularly the Tree Cover Index (D/P), which reaches 80% at 25 cm. High D/P values are related to a greater proportion of dicotyledons (arboreal and shrubby) (ALEXANDRE *et al.*, 1997; 1999). The Water Stress Index (Bi) in this phase ranges from moderately low (28% – 35% across most of the interval) to moderate (56%), although the latter occurs only at 45 cm. These results suggest that this phase corresponds to the construction and/or formation of an active floodplain during the period. The relatively low Aridity Adaptation Index (Iph) (minimum of 15% and maximum of 38%) indicates the predominance of mesophytic *Poaceae* (Diester-Haass *et al.*, 1973).

Phase III Between 15 and 0 cm - there is a predominance of clay (55%) and an increase in phytolith concentration (>250 morphotypes). The absence of *Podostemaceae* phytoliths, together with the absence of sponge spicules, indicates a period of terrace formation. A notable feature of this phase is the more significant occurrence (>20) of the *PAPILLATE* (*PAP*) morphotype, which is associated with grasses of the *Cyperaceae* family (STEVANATO *et al.*, 2019). Phytoliths from woody plants are represented in this phase by the presence of the *SPH_ECH* morphotype (*Arecaceae*), which had not been observed since 40 cm depth, along with a more significant occurrence of the *SPH_ORN* morphotype. The Bi index indicates moderate water stress (maximum of 60%), a result corroborated by the Iph index, which shows an increasing trend compared to the previous phase (maximum of 56%), suggesting vegetation more adapted to aridity (xerophytic *Poaceae*). The D/P index shows a decreasing trend toward the top (minimum of 40%). This phase is associated with anthropogenic influence in the area, the establishment of the terrace, and the deepening of the Mourão River channel (a more erosive phase compared to the previous ones).

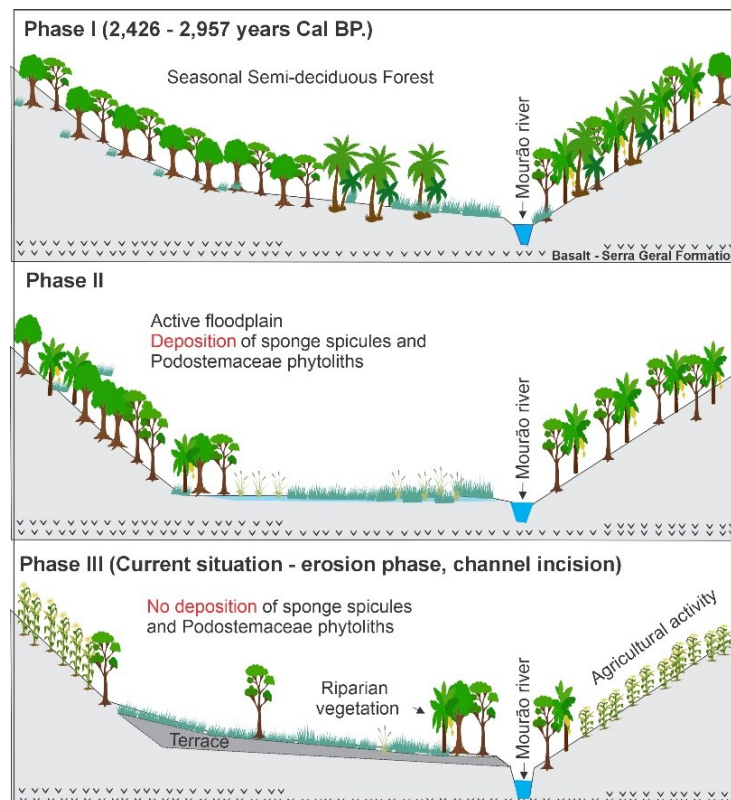


Figure 5. Evolutionary model of the Mourão River floodplain formation process.

The first paleoenvironmental study in the Mourão River Basin (upper course) was conducted by Ladchuk *et al.* (2016), who analyzed palynology and isotopic data ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$) from peaty sediments in the Água dos Papagaios River — a tributary of the Campo River, which flows into the Mourão's left bank (7,280–3,248 cal yr BP). They suggest Cerrado vegetation has been present since the mid-Holocene, with gradual vegetation densification toward the present. Luz *et al.* (2019) carried out the second study, focusing on peat deposits in the Ranchinho and Água dos Papagaios rivers, plus soil samples from the Campo Mourão Cerrado Ecological Station (EECCM). Using multiproxy data (phytoliths, $\delta^{13}\text{C}$, $\delta^{15}\text{N}$), they identified a dry phase during the Late Pleistocene in Ranchinho (42,800–42,183 cal yr BP). For Água dos Papagaios, their findings align with Ladchuk *et al.* (2016). At EECCM, a date of 5,280 cal yr BP points to open Cerrado vegetation and increased woody cover from the mid-Holocene onward. Although the age from the lower Mourão River (2,426–2,957 cal yr BP) does not allow direct correlation with upper-basin studies, our results align with other regional Late Holocene records indicating relatively wetter conditions during this period (Table 2).

| Autores | Localidade | Síntese |
|--|--------------------------------------|--|
| Rezende <i>et al.</i> (2018). | Japurá/Paraná. | Study conducted at Fazenda Lagoon using sponge spicules — indicates drier conditions ~13,000 years ago, with a trend toward increased humidity from ~2,180 cal yr BP to present. |
| Pessenda <i>et al.</i> (1996). | Londrina/Paraná. | Use of isotopes (^{13}C , ^{14}C) in soil to assess vegetation dynamics during the Holocene. Dates and $\delta^{13}\text{C}$ values indicate: 2,390 \pm 60 yr BP / -21.3‰ ; 1,920 \pm 60 yr BP / -21.6‰ (mix of C3 and C4 plants); 820 \pm 60 yr BP / -23.8‰ — showing increasing dominance of C3 vegetation over time. |
| Kalinovski <i>et al.</i> (2016). | Rio Iapó Castro/Paraná. | Data from sponge spicules, phytoliths, $\delta^{13}\text{C}$, and $\delta^{15}\text{N}$; ages ranging from 18,371 to 2,006 cal yr BP. Show increased flooding pulses in the Iapó River beginning in the Late Holocene. |
| Melo <i>et al.</i> (2003). | Ponta Grossa. | Palynological data and sedimentary deposit analysis. Sedimentary phases dated between 2,940 and 4,750 yr BP. |
| Guerreiro <i>et al.</i> (2012). | | Peat deposits from the upper Tibagi River (3,200, 2,770, and 1,340 yr BP) indicate peat formation occurred when the local base level was 2–4 meters higher than today, around 3,220 yr BP, under slightly drier conditions. Burial and incision of the peats occurred later, at ~1,340 yr BP, under wetter, near-modern climatic conditions. |
| Scheebell-Yebert <i>et al.</i> (2003). | Central region of São Paulo state. | Anthracological analyses combined with soil $\delta^{13}\text{C}$ and radiocarbon dating (~3,500–3,000 yr BP) indicate a humid climate similar to today's, with established vegetation across all four study sites in central São Paulo. |
| Behling (2002). | Southeast and South Brazil. | Pollen records indicate modern humid conditions — with absent or short dry periods — became established in the Late Holocene, when Araucaria forests replaced large grassland areas after ~3,000 yr BP, especially from ~1,500–1,000 ^{14}C yr BP onward. |
| Lessa and Angulo (1997). | Paraná and São Paulo coastal region. | Marine indicator study — shows a mid-Holocene sea-level highstand, with two secondary oscillations occurring between 4,100–3,800 yr BP and 3,000–2,700 yr BP. |

Table 2. Summary of selected paleoenvironmental studies in Paraná and the Southeast and South regions of Brazil, with datings from the Middle to Late Holocene.

4. Final Remarks

Once again, phytoliths and freshwater sponge spicules prove to be reliable and valuable proxies for reconstructing paleoenvironments. The studied terrace originated at least between 2,426 and 2,957 years ago, with an active alluvial plain phase marked by the concomitant occurrence of phytoliths from the botanical family Podostemaceae and freshwater sponge spicules.

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